



EGG HARBOR

SEAFOOD

THE TASTE OF FRESH | BY RASTELLI

# Pacifica Seafood Mix



## **RASTELLI SEAFOOD EXCLUSIVE!**

Made with whole black tiger shrimp, whole clams and calamari rings. Tremendous versatility!

## **AVAILABLE:**

4/5 lbs. Bags

## **FRESH FACTS:**

- Fully cooked shrimp, whole cooked clams and sweet tender loligo calamari rings.
- No broken pieces in the mix; made to present as an entrée
- Add specialty sauce and create your own signature dish

*the taste of fresh serving suggestions*

## MEDITERRANEAN SEAFOOD SALAD OVER FRIZZY GREENS



### ESTIMATED COST TO PRODUCE

\$ \_\_\_\_\_ PER PORTION

2 - 8 oz. **Pacifica Seafood Mix**

1 cup of artichoke hearts cut in quarters

8-10 green olives with pimentos

1/4 cup of sweet roasted red peppers cut julienne

8-10 whole grape tomatoes

1/4 cup fennel cut julienne

1 cup of northern Italian dressing

Splash of balsamic vinegar

1/4 cup of crumbled goat cheese

1 tbsp. of chopped Italian parsley

8-10 oz. mixed garden greens

### DIRECTIONS

Blanche Seafood Mix for 2-3 minutes. When finished, shock in cold water and set aside in refrigerator. Combine all remaining ingredients in a large bowl and toss well. Add seafood mix and toss. Serve over garden greens salad.

**Yields 4-6 servings**

## SEAFOOD NEWBURG IN PUFF PASTRY SHELL



### ESTIMATED COST TO PRODUCE

\$ \_\_\_\_\_ PER PORTION

16 oz. **Pacifica Seafood Mix**

1/4 cup flour

1/4 cup of melted butter

1 quart of heavy cream

2 tbsp. of tomato paste

1 tbsp. of Worcestershire sauce

1/4 cup of sweet sherry wine

Salt and pepper to taste

Pinch of sugar to taste

Frozen puff pastry shells

### DIRECTIONS

Begin by baking puff pastry shells as directed on package and set aside to cool. Next melt butter and add flour to make your roux. Then gradually add heavy cream. Add tomato paste, Worcestershire sauce, sherry wine, sugar, salt and pepper to taste, stirring for 10 minutes until thickened. Reduce heat, add 16 oz. Seafood Mix and simmer for an additional 10-15 minutes. Fill pastry shells with Newburg and serve. **Yields 2 servings**