



EGG HARBOR

SEAFOOD

THE TASTE OF FRESH | BY RASTELLI

Tilapia Cornucopia w/ Crabmeat Stuffing



the taste of fresh

SWEET TASTING TILAPIA

(no earthy flavor here!) hand rolled uniquely in our house crabmeat stuffing mixture. Each 3.5 oz. portion has the perfect combination to create a menu sensation. You've got to try this!!

AVAILABLE:

Packed: 1/10lb.

FRESH FACTS:

- Reservoir raised 2-3 oz Tilapia fillet that has a clean natural flavor.
- Roll in a cone shape (cornucopia) to feature the rich crabmeat stuffing
- $\frac{3}{4}$ oz. to 1 oz. crabmeat stuffing made with pure Backfin crabmeat, breadcrumbs and all natural seasoning

the taste of fresh serving suggestions



- Perfect lunch buffet serving size that has a unique presentation
- Lightly seasoned with natural seasoning so you can add your own sauce to enhance the presentation
- Perfect for employee menu or lunch entrée

**TILAPIA W/CRAB STUFFING
NUTRITIONAL INFORMATION**

Serving Size: 3.5 oz.

Amount Per Serving

Calories 143 **Calories From Fat** 35

		% Daily Value*
Total Fat	2.4g	4%
Saturated Fat	0.75g	4%
Cholesterol	23mg	7%
Protein	22.5g	44%
Iron	.035mg	1%
Sodium	122mg	5%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

ESTIMATED COST TO PRODUCE

\$ _____ PER PORTION

TRY SOME OF OUR OTHER UNIQUE EGG HARBOR SEAFOOD ITEMS THAT WILL ENHANCE YOUR SEAFOOD MENU:



Pan Seared Chilean Sea Bass with Sweet Pearl Onions in Sherry Wine Sauce



Grilled Salmon Burger over Spinach Salad with Creamy Dill Dressing

- Frozen Premium Portions
- Stuffed Pangasius
- Crabcake Medallions
- Salmon Burgers
- Thai Seasoned Tilapia
- Blackened Tilapia
- Key lime Tilapia



Created in the Kitchens of Rastelli Foods Group Swedesboro, NJ
www.Rastellifoodsgroup.com