



EGG HARBOR
SEAFOOD

REAL · TASTY · SEAFOOD

Delicious
**Protein + Nutrient Rich
Seafood Meals**

Nutrition Facts

Serving Size: 10 oz (283g)
Servings Per Container: 1

Amount Per Serving

Calories 300 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 110mg 36%

Sodium 620mg 26%

Total Carbohydrate 31g 10%

Dietary Fiber 5g 19%

Sugars less than 1g

Protein 23g

Vitamin A 0% • Vitamin C 0%

Calcium 25% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Shrimp, Linguini Pasta (Semolina [Wheat], Durum Wheat Flour, Niacin, Iron [Ferrous Sulfate], Thiamine Mononitrate, Riboflavin, Folic Acid), Spinach, Roasted Red Peppers, Garlic, Olive Oil, Parsley, Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Salt and Pepper.

Contains: Shellfish (Shrimp), Wheat, Dairy.

Vendor Code.: 91180
Shelf Life 18 Months

PRODUCT OF USA • PERISHABLE
KEEP FROZEN



SHRIMP *Scampi*

WITH SPINACH + ROASTED RED PEPPERS



**READY TO EAT
IN 5 MINUTES**



Microwave Ready!