



EGG HARBOR
SEAFOOD

REAL · TASTY · SEAFOOD

Delicious
**Protein + Nutrient Rich
Seafood Meals**

Nutrition Facts

Serving Size: 10 oz (283g)
Servings Per Container: 1

Amount Per Serving

Calories 340 **Calories from Fat 25**

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 1g **4%**

Trans Fat 0g

Cholesterol 85mg **29%**

Sodium 930mg **39%**

Total Carbohydrate 58g **19%**

Dietary Fiber 3g **14%**

Sugars 27g

Protein 21g

Vitamin A 0% • **Vitamin C 0%**

Calcium 8% • **Iron 15%**

* Percent Daily Values are based on a 2,000 calorie diet.

Vendor Code.: 91190
Shelf Life 18 Months

PRODUCT OF USA • PERISHABLE
KEEP FROZEN



Ingredients: Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate), Udon Noodles (Water, Wheat Flour, Starch Acetate, Salt, Canola Oil, Salt, Spice), Broccoli, Sweet & Sour Sauce (Water, Sugar, Tomato Paste, White Vinegar, Modified Cornstarch, Sherry Wine, Contains 2% or Less of Soy Sauce (Water, Soybeans, Salt, Wheat, Sodium Benzoate (Preservative)), Concentrated Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor), Hydrolyzed Soy, Corn and Wheat Protein, Dehydrated Garlic, Citric Acid, Sodium Benzoate (Preservative), Paprika Extract (Contains Cottonseed Oil, Mono-And Diglycerides, Citric Acid, Tocopherol (Antioxidant)), Salt, Natural Flavoring, Safflower Oil.
Contains: Shellfish (Shrimp), Wheat, Soy.

Sweet + Sour SHRIMP

WITH BROCCOLI + UDON NOODLES



Microwave Ready!

READY TO EAT
IN 5 MINUTES

OMEGA-3

21g
PROTEIN

0 TRANS
FATS

NET WT. 10 oz (283.5g) KEEP FROZEN

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21g
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Microwave Ready!